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### **To carry coals to Newcastle or Every country has its customs**

Nowadays travelling is one of the most popular way of relaxing and gaining some knowledge. It is out of the question that our actions and thoughts depend on our culture. We live in a multi-cultural world and often face another way of behavior and doing things.

The aim of this report is to draw your attention to the fact that when going abroad, you should follow the way of life and habits of those who live there.

Millions of people all over the world spend their holidays travelling. If we are travelling abroad we enrich your mind, gaining more knowledge and impressions. It is necessary to say in this connection that we should respect and follow the natives.

Every country and every nation has its own traditions and customs. Our knowledge of the local people's customary ways helps us feel more comfortable in unfamiliar situations. So, adopting the way of the life where we move to is a basic skill.

The aim of the report is to give current information on some customs, habits and traditions in foreign countries.

Another point is to pay the readers' attention to the language of body gestures. They have different meanings and depend on the country in which they are expressed.

We cannot ignore the fact that how different life in a place we visit. Meeting new people, exploring new places and cultures make us a global citizen.

As the dictionary says, culture is a system which is necessary to create and keep preserve information about traditions, morals, habits and customs of a particular country. Surveys show that a lot of people enjoy travelling for pleasure. It means they are eager to admire beautiful and picturesque lands or to see famous places of interest [1].

There are a lot of differences between people's behavior in various parts of the world.

For example:

1. In Afghanistan, you should spend at least five minutes saying hello
2. In France, you shouldn't sit down in a café until you've shaken hands with everyone you know.
3. In Spain, women should be careful about making eye contact with strangers, as it might signal interest of a romantic nature.
4. In Japan you should avoid eye contact. [2].

A lot of scientists consider that a gesture is a form of non-verbal communication which is used in combination with verbal communication or instead of it. In different countries gestures have various meanings. Its language allows a person to express a variety of feelings and thoughts. For instance, in the USA and Europe it is very common for people to point with an extended finger but in Asia this gesture is considered very rude.

To sum up, there is a famous proverb: « To carry coals to Newcastle or Every country has its customs». So according to it, when we visiting another place, we should follow the customs of the people in that place, we should know manners and traditions of countries where we want to go [3].

#### **Литература**

1. en.wikipedia.org/wiki/Culture
2. [www.google.ru/travel/customs](http://www.google.ru/travel/customs)
3. <http://www.phrases.org.uk/meanings/carry-coals-to-newcastle.html>